

Rhymes for NOVEMBER



Hands are cold, feet are cold
Autumn winds are blowing
Rub your hands
Stamp your feet
And soon you will be glowing!

Rub your hands together and then stamp your feet. Wave your hands in the air as you say 'glowing'. Alternatively rub your child's hands and then their feet (You could take their shoes off for this if you like.)

Round and round the lighthouse
Up the spiral stair
One step
Two steps
Right up there!

Roon aboot and roon aboot
Ran the wee mousie
Roon aboot and roon aboot
And in his wee housie

These verses are similar to the rhyme 'round and round the garden'. Trace a circle with you index finger on the palm or back of your child's hand. Then take 'steps' up their arm with your fingers and finish with a little tickle on the neck.

Here's a cup
And here's a cup
And here's a pot of tea.
Pour a cup
And pour a cup
And share some tea
With me!

Make a 'cup' with one hand and then with the other. Then hold an imaginary teapot in one hand and 'pour' the tea into the cups made by your hands. Alternatively put a 'cup' (fist) on the back of your child's hands every time you say 'cup' and tap their hands to the beat with an open palm as you say 'pot of tea' and 'share some tea with me.'

If you like you can repeat the rhyme with different drinks. Ask your child what they would like in their teapot...it could be anything at all...juice, lemonade, or a special hot chocolate with marshmallows on top...

TRADITIONAL RHYMES WITH
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